

Most Community Health Options' health plans provide expanded coverage for services related to the care provided for the following chronic illnesses: Diabetes, Asthma, Chronic Obstructive Lung Disease (COPD), Emphysema and Hypertension. Visits to a primary care provider or specialist for the treatment of one of these illnesses will be covered without co-payment and is not subject to the deductible. Further details of expanded coverage are available for each specific illness:

Diabetes

Pharmacy - Expanded coverage is limited to \$0 cost-share for generic medications and 50% reduction in cost share for preferred brand medications as outlined below:

- All specific medications used to treat diabetes that are on our formulary and are approved by the FDA for treatment
- All specific medications used to treat hypertension that are on our formulary and are approved by the FDA for treatment
- All specific medications used to treat hyperlipidemia that are on our formulary and are approved by the FDA for that treatment

Services related to diabetes are covered with \$0 cost share:

- Office visits to primary care for routine management of diabetes
- Immunizations: Influenza, pneumococcal, Hepatitis B
- Office visits for endocrinology consultation and management of diabetes
- Podiatry consultation for routine diabetic foot care
- Nutritional counseling, diabetes education and behavioral modification counseling
- Diabetic eye exam done by an ophthalmologist or optometrist will be covered once a year
- One glucometer each year and up to 100 test strips each 90 days. Requests for greater numbers of test strips require prior authorization
- Laboratory services that are covered have to be linked to a diabetes diagnosis code
- Specifically does not include waiver for other specialty services for complications of Diabetes such as ED visits, inpatient hospitalization, or treatment for heart and kidney disease

Hypertension

Pharmacy - Expanded coverage is limited to \$0 cost-share for generic medications and 50% reduction in cost share for preferred brand medications as outlined below:

- All specific medication used to treat hypertension that are on our formulary and are approved by the FDA for treatment
- All specific medication to treat hyperlipidemia that are on our formulary and are approved by the FDA for that treatment

Services related to hypertension are covered with \$0 cost share:

- Office visits to primary care for routine management of hypertension
- Immunizations: Influenza, pneumococcal
- Office visits for consultation and management specifically for a diagnosis of Hypertension with Cardiology or Nephrology
- Laboratory services that are covered have to be linked to a hypertension diagnosis code
- Specifically does not include waiver for other specialty services for hypertension complications such as ED visits, inpatient hospitalization and treatment for heart and kidney disease

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Asthma/Chronic Obstructive Lung Disease (COPD)/Emphysema

Pharmacy - Expanded coverage is limited to \$0 cost-share for generic medications and 50% reduction in cost share for preferred brand medications as outlined below:

- All medications that used to treat Asthma & COPD that are on our formulary and are approved by the FDA for treatment

Services related to Asthma/COPD/Emphysema are covered with \$0 cost share:

- Office visits to primary care for routine management of Asthma/COPD/Emphysema
- Cover immunotherapy to reduce impact and severity of allergic reactions.
- Immunizations: Influenza, pneumococcal
- Inhaler adjuncts-(e.g. spacer)
- Office visits with Pulmonologist for consultation and management when associated with a diagnosis of asthma, COPD or emphysema
- Diagnostic testing: Pulmonary function test one per year, home oxygen therapy assessment
- Asthma education: allergens/triggers, asthma action plan and behavioral modification counseling
- Pulmonary rehabilitation and ongoing exercise program for moderate to severe COPD: Requires Prior Authorization
- Asthma only: Include up to \$75/year for environmental (home) assessment (e.g., through public health
- Laboratory tests services that are covered have to be linked to Asthma or COPD diagnosis code (e.g., allergy sensitivity testing, ABG's)
- Specifically does not include waiver for other specialty services for asthma or COPD complications such as ED visits, inpatient hospitalization, lung resection/ transplant

Coronary Artery Disease

Pharmacy - Expanded coverage is limited to \$0 cost-share for generic medications and 50% reduction in cost share for preferred brand medications as outlined below:

- All specific medications used to treat Coronary Artery Disease that are on our formulary and are approved by the FDA for treatment

Services related to Coronary Artery Disease are covered with \$0 cost share:

- Office visits to primary care for routine management for Coronary Artery Disease
- Office visits with Cardiologist for consultation and management when associated with a diagnosis of Coronary Artery Disease
- Electrocardiogram (ECG)
- Laboratory services linked to a primary diagnosis code of hyperlipidemia

Services related to Coronary Artery Disease are covered with a 50% reduction in cost share and a waived deductible.

- Cardiac Rehabilitation
- Specifically does not include waiver for other specialty services for Coronary Artery Disease complications such as ED visits, inpatient hospitalization, or other cardiac procedures not listed above.