

Outpatient Hospital Services

Outpatient services, also known as ambulatory care, refer to medical procedures, tests, or treatments that do not require an overnight hospital stay. Patients receive care and can return home on the same day. These services can be performed in a hospital, clinic, or other healthcare facility.

2026 preferred and standard designations for outpatient hospitals on HMO Tiered New England Plans

Preferred Maine Locations	
City	Hospital/Medical Center
Augusta	MaineGeneral Medical Center
Bangor	Northern Light Eastern Maine Medical Center
Blue Hill	Northern Light Blue Hill Hospital
Bridgton	Bridgton Hospital
Calais	Calais Regional Hospital
Damariscotta	MaineHealth Lincoln Hospital
Dover Foxcroft	Northern Light Mayo Regional Hospital
Ellsworth	Northern Light Maine Coast Hospital
Farmington	MaineHealth Franklin Hospital
Fort Kent	Northern Maine Medical Center
Greenville	Northern Light CA Dean Memorial Hospital
Houlton	Houlton Regional Hospital
Lewiston	Central Maine Medical Center
Lewiston	St Mary's Regional Medical Center
Lincoln	Penobscot Valley Hospital
Millinocket	Millinocket Regional Hospital
Norway	MaineHealth Stephens Hospital
Pittsfield	Northern Light Sebecook Valley Hospital
Portland	Northern Light Mercy Hospital
Presque Isle	Northern Light A.R. Gould Hospital
Rockport	MaineHealth Pen Bay Hospital
York	York Hospital

Standard Maine Locations	
City	Hospital/Medical Center
Bangor	St Joseph Hospital
Bar Harbor	Mount Desert Island Hospital
Belfast	MaineHealth Waldo Hospital
Biddeford	MaineHealth Maine Medical Center - Biddeford
Brunswick	MaineHealth Mid Coast Hospital
Caribou	Cary Medical Center
Machias	Down East Community Hospital
Portland	MaineHealth Maine Medical Center - Portland
Rumford	Rumford Hospital
Scarborough	MaineHealth Maine Medical Center - Scarborough
Skowhegan	Redington Fairview General Hospital
Bangor	St Joseph Hospital
Bar Harbor	Mount Desert Island Hospital
Belfast	MaineHealth Waldo Hospital
Biddeford	MaineHealth Maine Medical Center - Biddeford
Brunswick	MaineHealth Mid Coast Hospital
Caribou	Cary Medical Center
Machias	Down East Community Hospital
Portland	MaineHealth Maine Medical Center - Portland
Rumford	Rumford Hospital
Scarborough	MaineHealth Maine Medical Center - Scarborough
Skowhegan	Redington Fairview General Hospital

Standard Massachusetts Locations	
City	Hospital/Medical Center
Boston	Boston Children's Hospital
Boston	Brigham and Women's Hospital
Boston	Dana-Farber Cancer Institute
Boston	Massachusetts Eye and Ear Infirmary
Boston	Massachusetts General Hospital
Jamaica Plain	Brigham and Women's Faulkner Hospital
Newton	Newton-Wellesley Hospital
Oak Bluffs	Martha's Vineyard Hospital
Salem	Salem Hospital

Standard New Hampshire Locations	
City	Hospital/Medical Center
Dover	Androscoggin Valley Hospital
Franklin	Valley Regional Hospital
Keene	Upper Connecticut Valley Hospital
Laconia	Concord Hospital
Lancaster	Parkland Medical Center

Standard New Hampshire Locations Cont'd	
City	City
Lebanon	Wentworth-Douglass Hospital
Lebanon	Concord Hospital - Franklin
Littleton	Cheshire Medical Center
Manchester	Concord Hospital - Laconia
Manchester	Weeks Medical Center
Nashua	Alice Peck Day Memorial Hospital
New London	Mary Hitchcock Memorial Hospital
North Conway	Littleton Regional Healthcare
Peterborough	Catholic Medical Center
Plymouth	Elliot Hospital
Portsmouth	Southern New Hampshire Medical Center
Rochester	New London Hospital
Wolfeboro	MaineHealth Memorial Hospital
Woodsville	Monadnock Community Hospital
Dover	Speare Memorial Hospital
Franklin	Portsmouth Regional Hospital
Keene	Frisbie Memorial Hospital
Laconia	Huggins Hospital
Lancaster	Cottage Hospital

Note: Does not apply to Catastrophic plans, and plan years prior to 2025.

This policy provides information on Community Health Options' claims adjudication processing guidelines. As every claim is unique, the use of this policy is neither a guarantee of payment nor a final prediction of how specific claim(s) will be adjudicated. Claims payment is subject to member eligibility and benefits on the date of service, coordination of benefits, referral/authorization and utilization management guidelines when applicable, adherence to plan policies and procedures, and claims editing logic. Community Health Options reserves the right to amend a payment policy at its discretion. Policies are enforced unless underpinning direction stated otherwise.