

For Non-Emergency Medical Care: Know Where To Go.



Urgent care is available without an appointment and is typically less expensive than the emergency room.

Below is a list of urgent care centers in the New England region. Take a moment to highlight the Urgent Care Centers that are nearest to you, so you can find them quickly when you need them. In case of a medical emergency, dial 9-1-1 or head to your nearest emergency room.

More Ways to Save! Check your Member portal for more details on cost share.

- Many Community Health Options plans have lower copays at the locations with an asterisk (*).
- All Members on Community Health Options plans can save on urgent care visits by using Amwell virtual care. Pay \$0 on all 2026 plans. Register through your Member portal.

MAINE By County

ANDROSCOGGIN

ConvenientMD*
590 Center St
Auburn, ME 04210
207-955-5565

St Mary's Urgent Care
791 Turner St Unit 2
Auburn, ME 04210
207-330-3900

Concentra Urgent Care*
59 East Ave
Lewiston, ME 04240
207-784-1680

AROOSTOOK

Katahdin Valley Health Center
33 Walker St
Ashland, ME 04732
207-438-3700

Katahdin Valley Health Center
Walk-in open Thursdays only
59 Bangor St
Houlton, ME 04730
207-521-0022

CUMBERLAND

Concentra Urgent Care*
11 Medical Center Dr
Brunswick, ME 04011
207-725-2697

ConvenientMD*
193 Bath Rd
Brunswick, ME 04011
207-424-2272

Gray Urgent Care LLC*
6 Turnpike Acres Rd Ste 2
Gray, ME 04039
207-657-1165

ConvenientMD*
191 Marginal Way
Portland, ME 04101
207-517-3838

ClearChoiceMD*

273 Payne Rd
Scarborough, ME 04074
207-618-9355

American Family Care*

230 Waterman Dr
South Portland, ME 04106
207-358-3188

Concentra Urgent Care*

400 Southborough Dr Ste 1
South Portland, ME 04106
207-761-1100

Concentra Urgent Care*

85 Western Ave Crossing
Unit 6,7,8
South Portland, ME 04106
207-774-7751

ConvenientMD*

950 Main St
Westbrook, ME 04092
207-517-3800

HANCOCK

ConvenientMD*

235 High St
Ellsworth, ME 04605
207-412-5200

KENNEBEC

Concentra Urgent Care*

219 Capitol St Ste 2
Augusta, ME 04330
207-629-5005

ConvenientMD*

4 Whitten Rd
Augusta, ME 04330
207-466-2400

MaineGeneral Express Care

15 Enterprise Dr
Augusta, ME 04330
207-621-8880

MaineGeneral Express Care

5 Central Maine Crossing
Gardiner, ME 04345
207-588-3530

MaineGeneral Express Care

211 Main St
Waterville, ME 04901
207-877-3450

MaineGeneral Express Care

16 Commerce Plaza, Ste 3A
Winthrop, ME 04364
207-377-1450

LINCOLN

LincolnHealth — St Andrews Urgent Care Center

6 St Andrews Ln
Boothbay Harbor, ME 04538
207-633-1940

OXFORD

Concentra Urgent Care*

1570 Main St Ste 3
Oxford, ME 04270
207-743-7399

PENOBSCOT

Concentra Urgent Care*

34 Gilman Rd
Bangor, ME 04401
207-941-8300

ConvenientMD*

543 Broadway
Bangor, ME 04401
207-922-1300

PISCATAQUIS

Katahdin Valley Health Center

180 Main Rd
Brownville, ME 04414
207-538-3700

Katahdin Valley Health Center

Walk-in open Thursdays only
188 Summer St
Dover-Foxcroft, ME 04426
207-528-2285

WALDO

ConvenientMD*

18 Belmont Ave
Belfast, ME 04915
207-607-5270

YORK

ConvenientMD*

506 Main St
Saco, ME 04072
207-571-7991

ConvenientMD*

1420 Main St
Sanford, ME 04073
207-850-5744

Sacopee Valley Health Center*

202 Maple St
Cornish, ME, 04020
207-625-8126

Pricing is for 2026 services.

Out-of-pocket costs such as copays, deductibles, and coinsurance vary depending on the plan, so it's important to know what your plan covers. You can view your Schedule of Benefits (found on your Member portal) to find out what to expect for out-of-pocket expenses when you visit an urgent care center.

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MASSACHUSETTS By County

BARNSTABLE

ConvenientMD*
40 Davis Straits
Falmouth, MA 02540
774-255-3010

BERKSHIRE

ClearChoiceMD*
856 State Rd
North Adams, MA 01247
413-727-8088

ConvenientMD*
999 Dalton Ave
Pittsfield, MA 01201
413-242-6577

ESSEX

ConvenientMD*
35 Storey Ave Unit 1
Newburyport, MA 01950
978-225-6607

ConvenientMD*
419B Andover St
North Andover, MA 01845
978-620-5048

ConvenientMD*
210 Andover St
Peabody, MA 01960
978-488-3234

ConvenientMD*
156 Main St
Saugus, MA 01906
339-674-0978

HAMPDEN

ConvenientMD*
471 Center St
Ludlow, MA 01056
413-625-3500

Concentra Urgent Care*
140 Carando Dr
Springfield, MA 01104
413-746-4006

MIDDLESEX

ConvenientMD*
181 Cambridge St
Burlington, MA 01803
781-730-0045

ConvenientMD*
236 Cochituate Rd
Framingham, MA 01701
774-244-3227

Concentra Urgent Care*
66-B Concord St
Wilmington, MA 01887
978-657-3826

NORFOLK

ConvenientMD*
245 Hartford Ave
Bellingham, MA 02019
774-295-4355

ConvenientMD*
983 Boston-Providence Tpk
Dedham, MA 02026
781-819-6400

ConvenientMD*
86 Taunton St
Plainville, MA 02762
508-928-5211

ConvenientMD*
479 Washington St
Quincy, MA 02169
857-529-5220

ConvenientMD*
987 Main St
Weymouth, MA 02190
781-927-3000

PLYMOUTH

ConvenientMD*
1285 Belmont St Ste 1
Brockton, MA 02301
508-894-7015

ConvenientMD*
296 Old Oak St
Pembroke, MA 02359
339-244-3033

ConvenientMD*
140 Samoset St
Plymouth, MA 02360
508-209-5362

WORCESTER

ConvenientMD*
20 Commercial Rd Ste 2
Leominster, MA 01453
978-798-6896

ConvenientMD*
139 Turnpike Rd Ste 3
Westborough, MA 01581
508-882-7300

ConvenientMD*
15 Pleasant Valley Rd
Sutton, MA, 01590
508-426-9005

ConvenientMD*
70 Gold Star Blvd
Worcester, MA, 01606
508-426-9002

NEW HAMPSHIRE By County

BELKNAP

ClearChoiceMD*
24 Homestead Place
Alton, NH 03809
603-822-4713

ClearChoiceMD*
96 Daniel Webster Hwy
Belmont, NH 03220
603-267-0656

ConvenientMD*
77 Daniel Webster Hwy
Belmont, NH 03220
603-737-0550

ClearChoice MD*
9 Old Lake Shore Rd
Gilford, NH 03249
603-556-4661

MedCheck Urgent Care
178 Daniel Webster Hwy Ste A
Meredith, NH 03253
603-536-1120

ClearChoiceMD*
75 Laconia Rd
Tilton, NH 03276
603-729-0050

CHESHIRE

ConvenientMD*
351 Winchester St
Keene, NH 03431
603-352-3406

COOS

Coos County Family Health Services - Express Care
167 Main St Ste 2
Gorham, NH 03581
603-466-3500

GRAFTON

ClearChoiceMD*
410 Miracle Mile
Lebanon, NH 03766
603-276-3261

Alice Peck Day Memorial Hospital — Urgent Care Center
5 Alice Peck Day Dr
Lebanon, NH 03766
603-308-0055

Lincoln Urgent Care
33 Railroad St
Lincoln, NH 03251
603-607-6040

ConvenientMD*
551 Meadow St
Littleton, NH 03561
603-761-3660

Littleton Urgent Care
600 St Johnsbury Rd
Littleton, NH 03561
603-444-9294

MedCheck Urgent Care
389 Tenney Mountain Hwy
Plymouth, NH 03264
603-481-8787

HILLSBOROUGH

ConvenientMD*
3 Nashua Rd
Bedford, NH 03110
603-472-6700

Urgent Care at Bedford Medical Park
5 Washington Pl Ste 1B
Bedford, NH 03110
603-314-4567

ClearChoiceMD*
558 Mast Rd
Goffstown, NH 03045
603-232-1790

AFC Urgent Care*
3 Flagstone Dr Unit A
Hudson, NH 03051
603-802-4050

Concentra Urgent Care*
1279 S Willow St
Manchester, NH 03103
603-644-3330

ConvenientMD*
738 Hooksett Rd
Manchester, NH 03104
603-384-3900

ConvenientMD*
2 Dobson Way
Merrimack, NH 03054
603-471-6069

ClearChoiceMD*
300 Main St Ste 406
Nashua, NH 03060
603-810-7470

Concentra Urgent Care*
14 Broad St, Ste A
Nashua, NH 03064
603-889-2354

ConvenientMD*
565 Amherst St
Nashua, NH 03063
603-578-3347

MERRIMACK

Concentra Urgent Care*
1 Pillsbury St
Concord, NH 03301
603-223-2300

ConvenientMD*
8 Loudon Rd
Concord, NH 03301
603-226-9000

ClearChoiceMD*
7 Cinemagic Way
Hooksett, NH 03106
603-782-5112

ROCKINGHAM

ClearChoiceMD*
1 Beehive Dr
Epping, NH 03042
603-734-9202

ConvenientMD*
42 Nashua Rd
Londonderry, NH 03053
603-413-6800

ClearChoiceMD*
127 Plaistow Rd
Plaistow, NH 03865
603-797-9289

ConvenientMD*
49 Plaistow Rd
Plaistow, NH 03865
603-371-3229

ClearChoiceMD*
750 Lafayette Rd
Portsmouth, NH 03801
603-427-8539

ConvenientMD*
599 Lafayette Rd
Portsmouth, NH 03801
603-942-7900

ClearChoice MD*
636 Lafayette Rd
Seabrook, NH 03874
603-457-7830

ConvenientMD*
1 Portsmouth Ave
Stratham, NH 03885
603-772-3600

ConvenientMD*
125 Indian Rock Rd
Windham, NH 03087
603-890-6330

STRAFFORD

ConvenientMD*
14 Webb Pl
Dover, NH 03820
603-742-7900

ClearChoiceMD*
77 S Main St
Rochester, NH 03867
603-509-9400

SULLIVAN

Urgent Care at Valley Regional
243 Elm St
Claremont, NH 03743
603-542-7888

VERMONT By County

CHITTENDEN

ClearChoiceMD*
1200 Williston Rd
South Burlington, VT 05403
802-448-8205

Concentra Urgent Care*
57 Fayette Rd Ste 4
South Burlington, VT 05403
802-658-5756

ClearChoiceMD*
62 Merchants Row
Williston, VT 05495
802-307-1200

RUTLAND

ClearChoiceMD*
173 S Main St
Rutland, VT 05701
802-772-4165

WASHINGTON

Concentra Urgent Care*
654 Granger Rd
Berlin, VT 05641
802-223-7499

ClearChoiceMD*
798 US RT 302
Berlin, VT 05641
802-744-0138
Windham

ClearChoiceMD*
1154 Putney Rd
Brattleboro, VT 05301
802-490-2100

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