

Chronic Illness Support Program

Non-HSA plans include a Chronic Illness Support Program (CISP) designed to improve the health and well-being of Members with asthma, coronary artery disease, chronic obstructive pulmonary disease, diabetes and high blood pressure (hypertension).

Members who manage their conditions through in-network office visits can save on routine care—with \$0 cost on select medical services listed below. Additionally, Members can save on CISP-designated medications when ordering through the Express Scripts (ESI) mail-order pharmacy. See below for details on services and pharmacy.

FOR NON-HSA PLANS ONLY: CHRONIC ILLNESS SUPPORT PROGRAM (CISP) MEDICAL SERVICES

CONDITION	OFFICE VISITS WITH DIAGNOSIS CODE FOR	ALSO COVERED
Asthma	<ul style="list-style-type: none"> Primary care, pulmonologist, allergist for routine management Palliative care to discuss condition treatment Immunotherapy for allergen sensitization 	<ul style="list-style-type: none"> Inhaler adjuncts (e.g., holding chamber/spacer) through mail order Pulmonary function tests Allergy sensitivity testing Asthma education Targeted laboratory tests for routine management
Coronary Artery Disease (CAD)	<ul style="list-style-type: none"> Primary care, cardiologist for routine management Palliative care to discuss condition treatment 	<ul style="list-style-type: none"> Electrocardiogram (ECG) Nutritional counseling, up to 12 visits per year Cardiac rehabilitation and associated exercise programs are covered at 50% cost share reduction Targeted laboratory tests for routine management
Chronic Obstructive Pulmonary Disease (COPD)	<ul style="list-style-type: none"> Primary care, pulmonologist for routine management Palliative care to discuss condition treatment 	<ul style="list-style-type: none"> Inhaler adjuncts (e.g., holding chamber/spacer) through mail order Pulmonary function tests Home oxygen therapy assessment Pulmonary rehabilitation and associated exercise program are covered at 50% cost share reduction Targeted laboratory tests for routine management <p>Note: Oxygen delivery and supplies are subject to routine coverage.</p>
Diabetes	<ul style="list-style-type: none"> Primary care, endocrinologist, podiatrist, optometrist/ ophthalmologist for routine management Palliative care to discuss condition treatment 	<ul style="list-style-type: none"> Nutritional counseling, up to 12 visits per year Diabetes education with a certified diabetes educator Targeted laboratory tests for routine management <p>Diabetic supplies specified on the formulary and dispensed via ESI mail order are covered at \$0 cost share:</p> <ul style="list-style-type: none"> One glucometer per year Glucose test strips: up to 150 strips every 30 days or 450 strips every 90 days Monthly FreeStyle Libre Continuous Glucose Monitoring system sensors <p>Note: Except FreeStyle Libre, continuous glucose monitors, insulin pumps, and associated supplies are subject to routine coverage.</p>
Hypertension	<ul style="list-style-type: none"> Primary care, cardiologist and nephrologist for consultation and routine management Palliative care to discuss condition treatment 	<ul style="list-style-type: none"> Nutritional counseling, up to 12 visits per year Targeted laboratory tests for routine management Blood pressure cuff

PHARMACY BENEFITS INCLUDE:

- Select Tier 1 Generic Medications** designated with CISP on the drug formulary at \$0 with ESI mail order on 35+ days of medication.
- Select Tier 2 and 3 Medications** designated with CISP on the drug formulary at 50% cost share reduction with ESI mail order on 35+ days of medication and maximum savings with 90-day supply.

All other drug tiers and drugs without an HSA+ designation on the most current drug formulary require routine cost sharing. Talk with your provider about whether a lower-tier medication is available for your chronic illness.

