

HEDIS Measures: Healthcare Effectiveness Data and Information Set

Health Options strives to achieve a high rating for our HEDIS measures because they are an integral part of our accreditation, and Qualified Health Plan (QHP) rating. We will be sending letters to providers when we identify gaps of care or to provide education regarding the measures. Listed below are the HEDIS measures that we are focusing on. We will also be requesting medical records for HEDIS in early each year to assist with obtaining data.

Measure	Description
Adult BMI Assessment	Members 18–74 years of age who had an outpatient visit and whose BMI was documented during the measurement year or the year prior to the measurement year.
Annual Dental Visit	Members 2-21 years of age who had at least one dental visit during the measurement year.
Annual monitoring for patients on persistent medications for at least 180 days- ACE/ARB	Members 18 years and older on ACE/ARB who received annual monitoring: A lab panel test OR a serum potassium test and a serum creatinine test
Annual monitoring on persistent medications for at least 180 days- Diuretic	Members 18 years and older on Diuretic who received annual monitoring: A lab panel test OR a serum potassium test and a serum creatinine test
Antidepressant Medication Management-on medications for 3 months (84 days or 12 weeks)	Members with major depression who were initiated on an antidepressant drug and who received an adequate acute-phase trial of medications (three months).
Antidepressant Medication Management-on medications for 6 months. (180 days)	Members with major depression who were initiated on an antidepressant drug and who completed a period of continuous medication treatment (six months).
Appropriate Testing for Children with Pharyngitis	Members 2-18 years who were diagnosed with pharyngitis, dispensed an antibiotic and received a group A strep test.
Appropriate Treatment for Children with Upper Respiratory Infection	Members 3 months-18 years, with a diagnosis of only an URI should NOT be dispensed antibiotic prescription.
Avoidance of Antibiotic Treatment in Adults with Acute Bronchitis	Members 18-64 years with a diagnosis for acute bronchitis who are NOT dispensed an antibiotic prescription.
Breast cancer Screening	Women 50–74 years of age who had a mammogram to screen for breast cancer.
Cervical Cancer Screening	Women age 21–64 who had cervical cytology performed every 3 years. Women age 30–64 who had cervical cytology/HPV co-testing performed every 5 years.
Chlamydia Screening in Women	Women 16–24 years of age who were identified as sexually active and who had at least one test for chlamydia during the measurement year.
Colorectal Cancer Screening	Members 50–75 years of age who had appropriate screening for colorectal cancer.
Comprehensive Diabetic Care: Eye (Retinal) Exam performed	Members 18-75 with DM and who received a retinal or dilated eye exam by optometrist or ophthalmologist in the measurement year or a negative exam the prior year.
Comprehensive Diabetic Care: Hemoglobin A1C (HBA1c) Control <8%	Members 18 - 75 years of age with diabetes (type 1 and type 2) whose most recent HbA1c level is <8.0% during the measurement year.
Comprehensive Diabetic Care: Hemoglobin A1C (HBA1c) Testing	Members 18-75 years of age with diabetes (type 1 and type 2) who received an HbA1c test during the measurement year.

Measure	Description
Comprehensive Diabetic Care: Medical Attention for Nephropathy	Members 18-75 years of age with diabetes (type 1 and type 2) who received a nephropathy screening test or had evidence of nephropathy during the measurement year.
Controlling High Blood Pressure	Members 18-85 years with a diagnosis of hypertension should have their B/P documented in the medical record and noted that their B/P is controlled.
Follow-up After Hospitalization for Mental Illness (7-day follow-up)	Members age 6 & older hospitalized for treatment of selected mental health disorders, and have a follow-up appt. with a mental health practitioner on or within 7 days of discharge.
Follow-up Care for Children Prescribed ADHD Medications- Initial & Continuation phase	Members 6-12 years newly prescribed ADHD medication who had at least 3 follow-up care visits within a 10-month period, one of which was within 30 days of when first ADHD medication was dispensed.
Immunization -Childhood age 2	Children who became 2 years old during the measurement year and are up to date on immunizations.
Immunization-Adolescent by age 13	Adolescents who became 13 years old during the measurement year and who had received the following vaccinations on or before their 13th birthday: one dose of meningococcal vaccine, and one tetanus, diphtheria toxoids, Tdap, or one tetanus, diphtheria toxoids vaccine (Td), and 2 doses of human papillomavirus (HPV).
Initial and Engagement of Alcohol & Other Drug Dependence Treatment	Initiation of AOD Treatment- adolescents and adults with a new episode of alcohol or other drug dependence (AOD) should have treatment initiated within 14 days of the diagnosis. Engagement of AOD treatment- adolescents and adults who initiated treatment should have two or more additional services with a diagnosis of AOD within 30 days on the initiation visit.
Med Mgmt. for people with Asthma -% on asthma controller- 75% of treatment period	Patients 5-64 years of age identified as having persistent asthma and were dispensed appropriate medications that they remained on for at least 75% of their treatment period.
Prenatal & Postpartum Care	Prenatal care- A visit within the first trimester. Postpartum care- A postpartum visit on or between 21 and 56 days after delivery.
Use of Imaging for Low Back Pain	Members with a primary diagnosis of low back pain who did not have an imaging study (plain X-ray, MRI, CT scan) within 28 days of the diagnosis.
Weight Assessment & Counseling for Nutrition & Physical Activity for Children and Adolescents	Members 3-17 years of age who had an outpatient visit with PCP and had the following: BMI documented, Counseling for nutrition & physical activity.
Well Child Visits in Third, Fourth, Fifth & Sixth Years of Life	Members 3–6 years of age who had one or more well-child visits with a PCP during the measurement year.
Well-Child Visits in the First 15 months of life (6 or more)	Patients who turned 15 months old during the measurement year and who had six or more well-child visits with a PCP during their first 15 months of life.