



Health Options Online

- ▶ Behavioral Health Psychiatry
- ▶ Behavioral Health Counseling

-more convenient access to your providers-

This confidential video and telephonic service provides our 2019 Group and Individual plan Members with increased treatment access for the full range of mental health and substance use disorders.

Partnering with local mental health and substance use disorder specialists, American Well, and the Online Care Network, Health Options Online: Behavioral Health provides a convenient way for you to quickly see a provider for an appointment with a psychiatrist or therapist.

This increased access is only available through Health Options Online, a new fully interactive, HIPAA-compliant platform where Members can meet with providers (audio + video) by way of an internet connection. Any device can be used (smartphone, tablet/iPad, computer, etc.) that has video + audio capability.

When accessing services via Health Options Online, you will see two virtual practice sites:

This easy-to-use program:

- ▶ **Reduces the need for Members to travel long distances to see a mental/behavioral health practitioner.**
- ▶ **Increases access to current providers, while making additional psychiatrists and therapists available, to meet Member needs and reduce wait times.**
- ▶ **Provides Members with another option to quickly see a psychiatrist for a follow-up visit after discharge from the hospital.**
- ▶ **Helps employers support their employees with a convenient, confidential way to obtain behavioral health support.**

- ▶ Behavioral Health Psychiatry is where doctors who manage and prescribe medications related to mental/behavioral health can be accessed.
- ▶ Behavioral Health Counseling is where practitioners who provide counseling/therapy services can be accessed.

Member cost sharing (co-pay/ded/coins) is applied for all visits, and payment will be required prior to the appointment. Some plans have the benefit of no out-of-pocket costs for the first three mental/behavioral health visits. This benefit also applies to visits completed by way of Health Options Online. Please visit HealthOptions.org for more details on your coverage.

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HealthOptions.org | (855) 624-6463

For more detailed information about our health plans or to review our Member Benefit Agreement and Schedule of Benefits, Provider Directory, Prescription Formulary, or Privacy Notice, please visit our website at HealthOptions.org. If you do not have access to computer or internet services, please call (855) 624-6463.

Community Health Options complies with applicable Federal civil rights law and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le (855) 624-6463 (TTY/TDD: 711)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (855) 624-6463 (TTY/TDD: 711)