The Community Health Options® Difference

We live where you live.

We play where you play.

We cherish what you cherish.

We understand business.
And what it means to live and work in Maine.

Comprehensive Network of Quality Providers

We contract directly with an extensive network of hospitals and providers. In addition, we partner with a national network that is accessible to Members when they reside outside of the service area or may be traveling throughout the United States.

Key benefits of our provider network include:

- Access to the best doctors, hospitals, and healthcare professionals who work collaboratively with patients to make care decisions.
- Emphasis on the patient-provider relationship with a focus on providing services to meet community needs.
- Provider contracts that reflect competitive discounts.
- GeoAccess provider distribution reporting upon request.
- Nationwide wraparound network.

Our Network

To search for a Community Health Options provider, Members can use our online directory at HealthOptions.org or contact Member Services at (855) 624-6463 for assistance.

Care Outside of Our Network

For care outside our network, Community Health Options contracts with First Health, a national PPO network. Group Members who receive care from a First Health provider will have covered benefits paid as in-network.

First Health is one of the nation’s largest PPO networks including more than 5,000 hospitals, 90,000 ancillary facilities, and over one million healthcare professional service locations in all 50 states, the District of Columbia, and Puerto Rico.

Obtaining a Quote

Community Health Options has a full network of appointed brokers. If you work with a broker, we are pleased to work with him or her.

If your group does not have a broker, please contact one of our Benefits Consultants at (207) 402-3353 or email BusinessDevelopmentInfo@HealthOptions.org.

When you enroll with Health Options, you have a team that stands behind you—ready to help.
Helping our Members achieve and maintain good health is a priority. Helping our Members Stay Well

Key features of our wellness and prevention program include:

- Online Member Wellbeing Assessment.
- Smoking cessation benefits at $0 cost to the Member.
- Collaboration with employers of all sizes and varying capacity to focus on wellness initiatives.
- Access to comprehensive database of health information.
- Health Coaching available to help Members with lifestyle changes.

Jobs at Health Options

Director of Business Development

Sharon

Account Manager

Sarah

Account Manager

Matthew

Care Management and Care Coordination for Members

The Community Health Options Care Management approach supports Members receiving care in their own community with trusted local resources whenever possible. Our goal is to provide additional support for Members with complex health needs who may need assistance coordinating care.

Our Care Managers can help when:

- Members have a general medical question or a more complex question.
- Members need support accessing behavioral health services.
- Members require assistance getting needed medical equipment or figuring out how to get specialty medications.
- Members need help after a critical event or diagnosis that requires extensive use of resources.

We are here when our Members need it most and can help remove barriers to getting care when and where needed.