

For Non-Emergency Medical Care: Know Where To Go.



Community Health Options is here to make healthcare easy for you. Below is a list of urgent care centers in the New England region. In cases of a medical emergency, dial 9-1-1 or head to your nearest emergency room.

Urgent care is available without an appointment and is typically less expensive than the emergency room.

Health Options also offers **Amwell® Urgent Care telehealth** at \$0 cost-share on all non-HSA plans. For HSA plans, you pay \$64 before the deductible is met, and \$0 after meeting the deductible.*

MAINE By County

ANDROSCOGGIN

St Mary's Regional Medical Center — Urgent Care
791 Turner St Unit 2
Auburn, ME 04210
207-330-3900

Concentra Urgent Care
59 East Ave
Lewiston, ME 04240
207-784-1680

Maine Urgent Care
685 Sabattus St
Lewiston, ME 04240
207-795-5050

CUMBERLAND
Concentra Urgent Care
11 Medical Center Dr
Brunswick, ME 04011
207-725-2697

ConvenientMD
193 Bath Rd
Brunswick, ME 04011
207-424-2272

Freeport Medical Center
42 Mallett Dr
Freeport, ME 04032
207-865-3491

ConvenientMD
191 Marginal Way
Portland, ME 04101
207-517-3838

ClearChoice MD

273 Payne Rd
Scarborough, ME 04074
207-618-9355

American Family Care/CareAll P.C.
230 Waterman Dr
South Portland, ME 04106
207-358-3188

Concentra Urgent Care
400 Southborough Dr Ste 1
South Portland, ME 04106
207-761-1100

Concentra Urgent Care
85 Western Ave Crossing
Suites 6,7,8
South Portland, ME 04106
207-774-7751

InterMed Urgent Care
50 Foden Rd Ste 3
South Portland, ME 04106
207-523-3700

ConvenientMD
950 Main St
Westbrook, ME 04092
207-517-3800

HANCOCK
ConvenientMD
235 High St
Ellsworth, ME 04605
207-412-5200

KENNEBEC

Concentra Urgent Care
219 Capitol St Ste 2
Augusta, ME 04330
207-629-5005

ConvenientMD
4 Whitten Rd
Augusta, ME 04330
207-466-2400

MaineGeneral Express Care
15 Enterprise Dr
Augusta, ME 04330
207-621-8880

MaineGeneral Express Care
5 Central Maine Crossing
Gardiner, ME 04345
207-588-3530

MaineGeneral Express Care
211 Main St
Waterville, ME 04901
207-877-3450

MaineGeneral Express Care
16 Commerce Plaza, Ste 3A
Winthrop, ME 04364
207-377-1450

OXFORD
Concentra Urgent Care
176 Main St
Norway, ME 04268
207-743-7399

Sacopee Valley Health Center
70 Main St
Porter, ME 04068
207-625-8126

PENOBSCOT

Concentra Urgent Care
34 Gilman Rd
Bangor, ME 04401
207-941-8300

ConvenientMD
543 Broadway
Bangor, ME 04401
207-922-1300

Penobscot Community Health Center — Helen Hunt Health Center
242 Brunswick St
Old Town, ME 04468
207-827-6128

YORK
York Hospital — MyHealth@Berwick
4 Dana Dr
Berwick, ME 03901
207-698-6700

ConvenientMD
506 Main St
Saco, ME 04072
207-571-7991

*Pricing is for 2023 plans. Out-of-pocket costs such as co-pays, deductibles, and co-insurance vary depending on the plan, so it's important to know what your plan covers. You can view your Schedule of Benefits (found on your Member portal) to find out what to expect for out-of-pocket expenses when you visit an urgent care center.

Take a moment to highlight the Urgent Care Centers that are nearest to you, so you can find them quickly when you need them.

MASSACHUSETTS By County

BARNSTABLE

ConvenientMD
40 Davis Straits
Falmouth, MA 02540
774-255-3010

ESSEX

ConvenientMD
35 Storey Ave
Newburyport, MA 01950
978-225-6607

HAMPDEN

ConvenientMD
471 Center St
Ludlow, MA 01056
413-625-3500

MIDDLESEX

ConvenientMD
181 Cambridge St
Burlington, MA 01803
781-730-0045

ConvenientMD

236 Cochituate Rd
Framingham, MA 01701
774-244-3227

NORFOLK

ConvenientMD
245 Hartford Ave
Bellingham, MA 02019
774-295-4355

ConvenientMD

983 Boston-Providence Tpk
Dedham, MA 02026
781-819-6400

ConvenientMD

86 Taunton St
Plainville, MA 02762
508-928-5211

ConvenientMD

479 Washington St
Quincy, MA 02169
857-529-5220

ConvenientMD

987 Main St
Weymouth, MA 02190
781-927-3000

PLYMOUTH

ConvenientMD
296 Old Oak St
Pembroke, MA 02359
339-244-3033

WORCESTER

ConvenientMD
139 Turnpike Rd, Ste 3
Westborough, MA 01581
508-882-7300

NEW HAMPSHIRE By County

BELKNAP

ClearChoice MD
24 Homestead Place
Alton, NH 03809
603-822-4713

ClearChoice MD

96 Daniel Webster Hwy
Belmont, NH 03220
603-267-0656

ConvenientMD

77 Daniel Webster Hwy
Belmont, NH 03220
603-737-0550

ClearChoice MD

9 Old Lake Shore Road
Gilford, NH 03249
603-760-0794

ClearChoice MD

75 Laconia Rd
Tilton, NH 03276
603-729-0050

CHESHIRE

ConvenientMD
351 Winchester St
Keene, NH 03431
603-352-3406

GRAFTON

ClearChoice MD
410 Miracle Mile
Lebanon, NH 03766
603-276-3261

ClearChoice MD

33 Railroad St
Lincoln, NH 03251
603-607-6040

ConvenientMD

551 Meadow St
Littleton, NH 03561
603-761-3660

Med Check Urgent Care

389 Tenney Mountain Hwy
Plymouth, NH 03264
603-481-8787

HILLSBOROUGH

ConvenientMD

3 Nashua Rd
Bedford, NH 03110
603-472-6700

ClearChoice MD

558 Mast Rd
Goffstown, NH 03045
603-232-1790

Concentra Urgent Care

1279 S Willow St
Manchester, NH 03103
603-644-3330

ConvenientMD

2 Dobson Way
Merrimack, NH 03054
603-471-6069

Concentra Urgent Care

14 Broad St, Ste A
Nashua, NH 03064
603-889-2354

ConvenientMD

565 Amherst St
Nashua, NH 03063
603-578-3347

MERRIMACK

Concentra Urgent Care

1 Pillsbury St
Concord, NH 03301
603-223-2300

ConvenientMD

8 Loudon Rd
Concord, NH 03301
603-226-9000

ClearChoice MD

7 Cinemagic Way
Hooksett, NH 03106
603-782-5112

ROCKINGHAM

ClearChoice MD

1 Beehive Dr
Epping, NH 03042
603-734-9202

ConvenientMD

42 Nashua Rd
Londonderry, NH 03053
603-413-6800

ClearChoice MD

127 Plaistow Rd
Plaistow, NH 03865
603-797-9289

ClearChoice MD

750 Lafayette Rd
Portsmouth, NH 03801
603-427-8539

ConvenientMD

599 Lafayette Rd
Portsmouth, NH 03801
603-942-7900

ClearChoice MD

636 Lafayette Rd
Seabrook, NH 03874
603-457-7830

ConvenientMD

1 Portsmouth Ave
Stratham, NH 03885
603-772-3600

ConvenientMD

125 Indian Rock Rd
Windham, NH 03087
603-890-6330

STRAFFORD

ConvenientMD

14 Webb Pl
Dover, NH 03820
603-742-7900

SULLIVAN

Urgent Care at Valley Regional

243 Elm St
Claremont, NH 03743
603-542-7898

VERMONT By County

CHITTENDEN

ClearChoice MD
1200 Williston Rd
South Burlington, VT 05403
802-448-8205

RUTLAND

ClearChoice MD
173 S Main St
Rutland, VT 05701
802-772-4165

WASHINGTON

ClearChoice MD
798 Route 302
Berlin, VT 05641
802-744-0138

WINDHAM

ClearChoice MD
1154 Putney Rd
Brattleboro, VT 05301
802-490-2100

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