Chronic Illness Support Program

All non-HSA plans include our popular Chronic Illness Support Program (CISP), designed to improve the health and well-being of Members with asthma, coronary artery disease, chronic obstructive pulmonary disease, diabetes and hypertension.*

Members who manage their conditions through in-network office visits can save on routine care. Additionally, Members can save on CISP designated medications when ordering through the Express Scripts (ESI) mail order pharmacy.

**BENEFITS INCLUDE**

- **Select Tier 1 Generic Medications** at $0 with ESI mail order.
- **Preferred Tier 2 and 3 Medications** at 50% cost share reduction with ESI mail order, and deductible is waived.
- **Select Medical Services** at $0 when performed by a network provider (see list below).

### CHRONIC ILLNESS SUPPORT PROGRAM (CISP) MEDICAL SERVICES

<table>
<thead>
<tr>
<th>Asthma</th>
<th>Coronary Artery Disease (CAD)</th>
<th>Chronic Obstructive Pulmonary Disease (COPD)</th>
<th>Diabetes</th>
<th>Hypertension</th>
</tr>
</thead>
</table>
| Office visits to the following providers:  
- Primary Care Provider, Pulmonologist, Allergist for routine management of asthma  
- Palliative care conversations with provider to discuss chronic condition treatment  
- Immunotherapy for allergen sensitization  
Also covered:  
- Inhaler adjuncts (e.g., holding chamber/spacer) through mail order  
- Pulmonary function tests  
- Allergy sensitivity testing  
- Asthma education  
- Targeted laboratory tests for the routine management of asthma | Office visits to the following providers:  
- Primary Care Provider, Cardiologist for routine management of CAD  
- Palliative care conversations with provider to discuss chronic condition treatment  
Also covered:  
- Electrocardiogram (ECG)  
- Nutritional counseling, up to six (6) visits per year  
- Cardiac rehabilitation and associated exercise programs are covered at 50% cost share reduction  
- Targeted laboratory tests for the routine maintenance of CAD | Office visits to the following providers:  
- Primary Care Provider, Pulmonologist for routine management of COPD  
- Palliative care conversations with provider to discuss chronic condition treatment  
Also covered:  
- Inhaler adjuncts (e.g., holding chamber/spacer) through mail order  
- Pulmonary function tests  
- Home oxygen therapy assessment  
- Pulmonary rehabilitation and associated exercise program are covered at 50% cost share reduction  
- Targeted laboratory tests for the routine management of COPD  
Note that oxygen delivery and supplies are subject to routine coverage. | Office visits to the following providers:  
- Primary Care Provider, Endocrinologist, Podiatrist, Optometrist/Ophthalmologist for routine management of diabetes  
- Palliative care conversations with provider to discuss chronic condition treatment  
Also covered:  
- Nutritional counseling, up to six (6) visits per year  
- Diabetes education with a certified diabetes educator  
- Targeted laboratory tests for the routine management of diabetes  
Diabetic supplies specified on the formulary and dispensed via ESI mail order are covered at $0 cost share:  
- One glucometer per year  
- Glucose test strips: up to 150 strips every 30 days or 450 strips every 90 days  
Note that insulin pumps and continuous glucose monitors and associated supplies are subject to routine coverage. | Office visits to the following providers:  
- Primary Care Provider for routine management of hypertension  
- Cardiologist and Nephrologist for consultation and routine hypertension management  
- Palliative care conversations with provider to discuss chronic condition treatment  
Also Covered:  
- Nutritional Counseling, up to six (6) visits per year  
- Targeted laboratory tests for the routine management of hypertension |

*Not available on catastrophic plans.*